

ਸੋਰਠਿ ਮਹਲਾ ੫ ਦੁਤੁਕੇ ॥

Sorat'h, Fifth Mehl, Du-Tukas:

ਜਉ ਲਉ ਭਾਉ ਅਭਾਉ ਇਹੁ ਮਾਨੈ ਤਉ ਲਉ ਮਿਲਣੁ ਦੂਰਾਈ ॥

As long as this person believes in love and hate, it is difficult for him to meet the Lord.

ਆਨ ਆਪਨਾ ਕਰਤ ਬੀਚਾਰਾ ਤਉ ਲਉ ਬੀਚੁ ਬਿਖਾਈ ॥੧॥

As long as he discriminates between himself and others, he will distance himself from the Lord. ||1||

ਮਾਧਵੇ ਐਸੀ ਦੇਹੁ ਬੁਝਾਈ ॥

O Lord, grant me such understanding,

ਸੇਵਉ ਸਾਧ ਗਹਉ ਓਟ ਚਰਨਾ ਨਹੁ ਬਿਸਰੈ ਮੁਹਤੁ ਚਸਾਈ ॥ ਰਹਾਉ ॥

that I might serve the Holy Saints, and seek the protection of their feet, and not forget them, for a moment, even an instant. ||Pause||

ਰੇ ਮਨ ਮੁਗਧ ਅਚੇਤ ਚੰਚਲ ਚਿਤ ਤੁਮ ਐਸੀ ਰਿਦੈ ਨ ਆਈ ॥

O foolish, thoughtless and fickle mind, such understanding did not come into your heart.

ਪ੍ਰਾਨਪਤਿ ਤਿਆਗਿ ਆਨ ਤੂ ਰਚਿਆ ਉਰਝਿਓ ਸੰਗਿ ਬੈਰਾਈ ॥੨॥

Renouncing the Lord of Life, you have become engrossed in other things, and you are involved with your enemies. ||2||

ਸੋਗੁ ਨ ਬਿਆਪੈ ਆਪੁ ਨ ਥਾਪੈ ਸਾਧਸੰਗਤਿ ਬੁਧਿ ਪਾਈ ॥

Sorrow does not afflict one who does not harbor self-conceit; in the Saadh Sangat, the Company of the Holy, I have attained this understanding.

ਸਾਕਤ ਕਾ ਬਕਨਾ ਇਉ ਜਾਨਉ ਜੈਸੇ ਪਵਨੁ ਝੁਲਾਈ ॥੩॥

Know that the babbling of the faithless cynic is like wind passing by. ||3||

ਕੋਟਿ ਪਰਾਧ ਅਛਾਦਿਓ ਇਹੁ ਮਨੁ ਕਹਣਾ ਕਛੁ ਨ ਜਾਈ ॥

This mind is inundated by millions of sins - what can I say?

ਜਨ ਨਾਨਕ ਦੀਨ ਸਰਨਿ ਆਇਓ ਪ੍ਰਭ ਸਭੁ ਲੇਖਾ ਰਖਹੁ ਉਠਾਈ ॥੪॥੩॥

Nanak, Your humble servant has come to Your Sanctuary, God; please, erase all his accounts. ||4||3||