

ਰਾਗੁ ਸੂਹੀ ਮਹਲਾ ੫ ਘਰੁ ੩

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ੴ ਸਤਿਗੁਰ ਪ੍ਰਸਾਦਿ ॥

One Universal Creator God. By The Grace Of The True Guru:

ਮਿਥਨ ਮੋਹ ਅਗਨਿ ਸੋਕ ਸਾਗਰ ॥

Attachment to sex is an ocean of fire and pain.

ਕਰਿ ਕਿਰਪਾ ਉਧਰੁ ਹਰਿ ਨਾਗਰ ॥੧॥

By Your Grace, O Sublime Lord, please save me from it. ||1||

ਚਰਣ ਕਮਲ ਸਰਣਾਇ ਨਰਾਇਣ ॥

I seek the Sanctuary of the Lotus Feet of the Lord.

ਦੀਨਾ ਨਾਥ ਭਗਤ ਪਰਾਇਣ ॥੧॥ ਰਹਾਉ ॥

He is the Master of the meek, the Support of His devotees. ||1||Pause||

ਅਨਾਥਾ ਨਾਥ ਭਗਤ ਭੈ ਮੇਟਨ ॥

Master of the masterless, Patron of the forlorn, Eradicator of fear of His devotees.

ਸਾਧਸੰਗਿ ਜਮਦੂਤ ਨ ਭੇਟਨ ॥੨॥

In the Saadh Sangat, the Company of the Holy, the Messenger of Death cannot even touch them. ||2||

ਜੀਵਨ ਰੂਪ ਅਨੂਪ ਦਇਆਲਾ ॥

The Merciful, Incomparably Beautiful, Embodiment of Life.

ਰਵਣ ਗੁਣਾ ਕਟੀਐ ਜਮ ਜਾਲਾ ॥੩॥

Vibrating the Glorious Virtues of the Lord, the noose of the Messenger of Death is cut away. ||3||

ਅੰਮ੍ਰਿਤ ਨਾਮੁ ਰਸਨ ਨਿਤ ਜਾਪੈ ॥

One who constantly chants the Ambrosial Nectar of the Naam with his tongue,

ਰੋਗ ਰੂਪ ਮਾਇਆ ਨ ਬਿਆਪੈ ॥੪॥

is not touched or affected by Maya, the embodiment of disease. ||4||

ਜਪਿ ਗੋਬਿੰਦ ਸੰਗੀ ਸਭਿ ਤਾਰੇ ॥

Chant and meditate on God, the Lord of the Universe, and all of your companions shall be carried across;

ਪੋਹਤ ਨਾਹੀ ਪੰਚ ਬਟਵਾਰੇ ॥੫॥

the five thieves will not even approach. ||5||

ਮਨ ਬਚ ਕ੍ਰਮ ਪ੍ਰਭੁ ਏਕੁ ਧਿਆਏ ॥

One who meditates on the One God in thought, word and deed

ਸਰਬ ਫਲਾ ਸੋਈ ਜਨੁ ਪਾਏ ॥੬॥

- that humble being receives the fruits of all rewards. ||6||

ਧਾਰਿ ਅਨੁਗ੍ਰਹੁ ਅਪਨਾ ਪ੍ਰਭਿ ਕੀਨਾ ॥

Showering His Mercy, God has made me His own;

ਕੇਵਲ ਨਾਮੁ ਭਗਤਿ ਰਸੁ ਦੀਨਾ ॥੭॥

He has blessed me with the unique and singular Naam, and the sublime essence of devotion. ||7||

ਆਦਿ ਮਧਿ ਅੰਤਿ ਪ੍ਰਭੁ ਸੋਈ ॥

In the beginning, in the middle, and in the end, He is God.

ਨਾਨਕ ਤਿਸੁ ਬਿਨੁ ਅਵਰੁ ਨ ਕੋਈ ॥੮॥੧॥੨॥

O Nanak, without Him, there is no other at all. ||8||1||2||