

ਗਉੜੀ ਮਹਲਾ ੧ ॥

Gauree, First Mehl:

ਡਰਿ ਘਰੁ ਘਰਿ ਡਰੁ ਡਰਿ ਡਰੁ ਜਾਇ ॥

Place the Fear of God within the home of your heart; with this Fear of God in your heart, all other fears shall be frightened away.

ਸੋ ਡਰੁ ਕੇਹਾ ਜਿਤੁ ਡਰਿ ਡਰੁ ਪਾਇ ॥

What sort of fear is that, which frightens other fears?

ਤੁਧੁ ਬਿਨੁ ਦੁਜੀ ਨਾਹੀ ਜਾਇ ॥

Without You, I have no other place of rest at all.

ਜੋ ਕਿਛੁ ਵਰਤੈ ਸਭ ਤੇਰੀ ਰਜਾਇ ॥੧॥

Whatever happens is all according to Your Will. ||1||

ਡਰੀਐ ਜੇ ਡਰੁ ਹੋਵੈ ਹੋਰੁ ॥

Be afraid, if you have any fear, other than the Fear of God.

ਡਰਿ ਡਰਿ ਡਰਣਾ ਮਨ ਕਾ ਸੋਰੁ ॥੧॥ ਰਹਾਉ ॥

Afraid of fear, and living in fear, the mind is held in tumult. ||1||Pause||

ਨਾ ਜੀਉ ਮਰੈ ਨ ਡੁਬੈ ਤਰੈ ॥

The soul does not die; it does not drown, and it does not swim across.

ਜਿਨਿ ਕਿਛੁ ਕੀਆ ਸੋ ਕਿਛੁ ਕਰੈ ॥

The One who created everything does everything.

ਹੁਕਮੇ ਆਵੈ ਹੁਕਮੇ ਜਾਇ ॥

By the Hukam of His Command we come, and by the Hukam of His Command we go.

ਆਗੈ ਪਾਛੈ ਹੁਕਮਿ ਸਮਾਇ ॥੨॥

Before and after, His Command is pervading. ||2||

ਹੰਸੁ ਹੇਤੁ ਆਸਾ ਅਸਮਾਨੁ ॥

Cruelty, attachment, desire and egotism

ਤਿਸੁ ਵਿਚਿ ਭੁਖ ਬਹੁਤੁ ਨੈ ਸਾਨੁ ॥

- there is great hunger in these, like the raging torrent of a wild stream.

ਭਉ ਖਾਣਾ ਪੀਣਾ ਆਧਾਰੁ ॥

Let the Fear of God be your food, drink and support.

ਵਿਣੁ ਖਾਧੇ ਮਰਿ ਹੋਹਿ ਗਵਾਰ ॥੩॥

Without doing this, the fools simply die. ||3||

ਜਿਸ ਕਾ ਕੋਇ ਕੋਈ ਕੋਇ ਕੋਇ ॥

If anyone really has anyone else - how rare is that person!

ਸਭੁ ਕੋ ਤੇਰਾ ਤੂੰ ਸਭਨਾ ਕਾ ਸੋਇ ॥

All are Yours - You are the Lord of all.

ਜਾ ਕੇ ਜੀਅ ਜੰਤ ਧਨੁ ਮਾਲੁ ॥

All beings and creatures, wealth and property belong to Him.

ਨਾਨਕ ਆਖਣੁ ਬਿਖਮੁ ਬੀਚਾਰੁ ॥੪॥੨॥

O Nanak, it is so difficult to describe and contemplate Him. ||4||2||