

ਕਾਨੜਾ ਮਹਲਾ ੫ ॥

Kaanraa, Fifth Mehl:

ਪ੍ਰਭ ਕਹਨ ਮਲਨ ਦਹਨ ਲਹਨ ਗੁਰ ਮਿਲੇ ਆਨ ਨਹੀ ਉਪਾਉ ॥੧॥ ਰਹਾਉ ॥

Speaking of God, filth and pollution are burnt away; This comes by meeting with the Guru, and not by any other efforts. ||1||Pause||

ਤਟਨ ਖਟਨ ਜਟਨ ਹੋਮਨ ਨਾਹੀ ਡੰਡਧਾਰ ਸੁਆਉ ॥੧॥

Making pilgrimages to sacred rivers, observing the six rituals, wearing matted and tangled hair, performing fire sacrifices and carrying ceremonial walking sticks - none of these are of any use. ||1||

ਜਤਨ ਭਾਂਤਨ ਤਪਨ ਭ੍ਰਮਨ ਅਨਿਕ ਕਥਨ ਕਥਤੇ ਨਹੀ ਥਾਹ ਪਾਈ ਠਾਉ ॥

All sorts of efforts, austerities, wanderings and various speeches - none of these will lead you to find the Lord's Place.

ਸੋਧਿ ਸਗਰ ਸੋਧਨਾ ਸੁਖੁ ਨਾਨਕਾ ਭਜੁ ਨਾਉ ॥੨॥੨॥੩੯॥

I have considered all considerations, O Nanak, but peace comes only by vibrating and meditating on the Name. ||2||2||39||