

ਪ੍ਰਭਾਤੀ ਮਹਲਾ ੫ ॥

Prabhaatee, Fifth Mehl:

ਸਿਮਰਤ ਨਾਮੁ ਕਿਲਬਿਖ ਸਭਿ ਕਾਟੇ ॥

Meditating in remembrance on the Naam, all the sins are erased.

ਧਰਮ ਰਾਇ ਕੇ ਕਾਗਰ ਫਾਟੇ ॥

The accounts held by the Righteous Judge of Dharma are torn up.

ਸਾਧਸੰਗਤਿ ਮਿਲਿ ਹਰਿ ਰਸੁ ਪਾਇਆ ॥

Joining the Saadh Sangat, the Company of the Holy,

ਪਾਰਬ੍ਰਹਮੁ ਰਿਦ ਮਾਹਿ ਸਮਾਇਆ ॥੧॥

I have found the Sublime Essence of the Lord. The Supreme Lord God has melted into my heart. ||1||

ਰਾਮ ਰਮਤ ਹਰਿ ਹਰਿ ਸੁਖੁ ਪਾਇਆ ॥

Dwelling on the Lord, Har, Har, I have found peace.

ਤੇਰੇ ਦਾਸ ਚਰਨ ਸਰਨਾਇਆ ॥੧॥ ਰਹਾਉ ॥

Your slaves seek the Sanctuary of Your Feet. ||1||Pause||

ਚੁਕਾ ਗਉਣੁ ਮਿਟਿਆ ਅੰਧਿਆਰੁ ॥

The cycle of reincarnation is ended, and darkness is dispelled.

ਗੁਰਿ ਦਿਖਲਾਇਆ ਮੁਕਤਿ ਦੁਆਰੁ ॥

The Guru has revealed the door of liberation.

ਹਰਿ ਪ੍ਰੇਮ ਭਗਤਿ ਮਨੁ ਤਨੁ ਸਦ ਰਾਤਾ ॥

My mind and body are forever imbued with loving devotion to the Lord.

ਪ੍ਰਭੂ ਜਨਾਇਆ ਤਬ ਹੀ ਜਾਤਾ ॥੨॥

Now I know God, because He has made me know Him. ||2||

ਘਟਿ ਘਟਿ ਅੰਤਰਿ ਰਵਿਆ ਸੋਇ ॥

He is contained in each and every heart.

ਤਿਸੁ ਬਿਨੁ ਬੀਜੋ ਨਾਹੀ ਕੋਇ ॥

Without Him, there is no one at all.

ਬੈਰ ਬਿਰੋਧ ਛੇਦੇ ਭੈ ਭਰਮਾਂ ॥

Hatred, conflict, fear and doubt have been eliminated.

ਪ੍ਰਭਿ ਪੁੰਨਿ ਆਤਮੈ ਕੀਨੇ ਧਰਮਾ ॥੩॥

God, the Soul of Pure Goodness, has manifested His Righteousness. ||3||

ਮਹਾ ਤਰੰਗ ਤੇ ਕਾਂਢੈ ਲਾਗਾ ॥

He has rescued me from the most dangerous waves.

ਜਨਮ ਜਨਮ ਕਾ ਟੂਟਾ ਗਾਂਢਾ ॥

Separated from Him for countless lifetimes, I am united with Him once again.

ਜਪੁ ਤਪੁ ਸੰਜਮੁ ਨਾਮੁ ਸਮਾਲਿਆ ॥

Chanting, intense meditation and strict self-discipline are the contemplation of the Naam.

ਅਪੁਨੈ ਠਾਕੁਰਿ ਨਦਰਿ ਨਿਹਾਲਿਆ ॥੪॥

My Lord and Master has blessed me with His Glance of Grace. ||4||

ਮੰਗਲ ਸੂਖ ਕਲਿਆਣ ਤਿਥਾਈਂ ॥

Bliss, peace and salvation are found in that place,

ਜਹ ਸੇਵਕ ਗੋਪਾਲ ਗੁਸਾਈ ॥

where the servants of the Lord of the World abide.

ਪ੍ਰਭ ਸੁਪ੍ਰਸੰਨ ਭਏ ਗੋਪਾਲ ॥

God, the Lord of the World, is pleased and satisfied with me.

ਜਨਮ ਜਨਮ ਕੇ ਮਿਟੇ ਬਿਤਾਲ ॥੫॥

My disharmony with Him of so many lifetimes is ended. ||5||

ਹੋਮ ਜਗ ਉਰਧ ਤਪ ਪੂਜਾ ॥

Burnt offerings, sacred feasts, intense meditations with the body upside-down, worship services

ਕੋਟਿ ਤੀਰਥ ਇਸਨਾਨੁ ਕਰੀਜਾ ॥

and taking millions of cleansing baths at sacred shrines of pilgrimage

ਚਰਨ ਕਮਲ ਨਿਮਖ ਰਿਦੈ ਧਾਰੇ ॥

- the merits of all these are obtained by enshrining the Lord's Lotus Feet within the heart, even for an instant.

ਗੋਬਿੰਦ ਜਪਤ ਸਭਿ ਕਾਰਜ ਸਾਰੇ ॥੬॥

Meditating on the Lord of the Universe, all one's affairs are resolved. ||6||

ਉਚੇ ਤੇ ਉਚਾ ਪ੍ਰਭ ਥਾਨੁ ॥

God's Place is the highest of the high.

ਹਰਿ ਜਨ ਲਾਵਹਿ ਸਹਜਿ ਧਿਆਨੁ ॥

The Lord's humble servants intuitively focus their meditation on Him.

ਦਾਸ ਦਾਸਨ ਕੀ ਬਾਂਛਉ ਧੂਰਿ ॥

I long for the dust of the slaves of the Lord's slaves.

ਸਰਬ ਕਲਾ ਪ੍ਰੀਤਮ ਭਰਪੂਰਿ ॥੭॥

My Beloved Lord is overflowing with all powers. ||7||

ਮਾਤ ਪਿਤਾ ਹਰਿ ਪ੍ਰੀਤਮੁ ਨੇਰਾ ॥

My Beloved Lord, my Mother and Father, is always near.

ਮੀਤ ਸਾਜਨ ਭਰਵਾਸਾ ਤੇਰਾ ॥

O my Friend and Companion, You are my Trusted Support.

ਕਰੁ ਗਹਿ ਲੀਨੇ ਅਪੁਨੇ ਦਾਸ ॥

God takes His slaves by the hand, and makes them His Own.

ਜਪਿ ਜੀਵੈ ਨਾਨਕੁ ਗੁਣਤਾਸ ॥੮॥੩॥੨॥੭॥੧੨॥

Nanak lives by meditating on the Lord, the Treasure of Virtue.

||8||3||2||7||12||