

ਗਉੜੀ ਗੁਆਰੇਰੀ ਮਹਲਾ ੫ ॥

Gauree Gwaarayree, Fifth Mehl:

ਸੁਣਿ ਹਰਿ ਕਥਾ ਉਤਾਰੀ ਮੈਲੁ ॥

Listening to the Lord's sermon, my pollution has been washed away.

ਮਹਾ ਪੁਨੀਤ ਭਏ ਸੁਖ ਸੈਲੁ ॥

I have become totally pure, and I now walk in peace.

ਵਡੈ ਭਾਗਿ ਪਾਇਆ ਸਾਧਸੰਗੁ ॥

By great good fortune, I found the Saadh Sangat, the Company of the Holy;

ਪਾਰਬ੍ਰਹਮ ਸਿਉ ਲਾਗੋ ਰੰਗੁ ॥੧॥

I have fallen in love with the Supreme Lord God. ||1||

ਹਰਿ ਹਰਿ ਨਾਮੁ ਜਪਤ ਜਨੁ ਤਾਰਿਓ ॥

Chanting the Name of the Lord, Har, Har, His servant has been carried across.

ਅਗਨਿ ਸਾਗਰੁ ਗੁਰਿ ਪਾਰਿ ਉਤਾਰਿਓ ॥੧॥ ਰਹਾਉ ॥

The Guru has lifted me up and carried me across the ocean of fire.

||1||Pause||

ਕਰਿ ਕੀਰਤਨੁ ਮਨ ਸੀਤਲ ਭਏ ॥

Singing the Kirtan of His Praises, my mind has become peaceful;

ਜਨਮ ਜਨਮ ਕੇ ਕਿਲਵਿਖ ਗਏ ॥

the sins of countless incarnations have been washed away.

ਸਰਬ ਨਿਧਾਨ ਪੇਖੇ ਮਨ ਮਾਹਿ ॥

I have seen all the treasures within my own mind;

ਅਬ ਢੂਢਨ ਕਾਹੇ ਕਉ ਜਾਹਿ ॥੨॥

why should I now go out searching for them? ||2||

ਪ੍ਰਭ ਅਪੁਨੇ ਜਬ ਭਏ ਦਇਆਲ ॥

When God Himself becomes merciful,

ਪੂਰਨ ਹੋਈ ਸੇਵਕ ਘਾਲ ॥

the work of His servant becomes perfect.

ਬੰਧਨ ਕਾਟਿ ਕੀਏ ਅਪਨੇ ਦਾਸ ॥

He has cut away my bonds, and made me His slave.

ਸਿਮਰਿ ਸਿਮਰਿ ਸਿਮਰਿ ਗੁਣਤਾਸ ॥੩॥

Remember, remember, remember Him in meditation; He is the treasure of excellence. ||3||

ਏਕੋ ਮਨਿ ਏਕੋ ਸਭ ਠਾਇ ॥

He alone is in the mind; He alone is everywhere.

ਪੂਰਨ ਪੂਰਿ ਰਹਿਓ ਸਭ ਜਾਇ ॥

The Perfect Lord is totally permeating and pervading everywhere.

ਗੁਰਿ ਪੂਰੈ ਸਭੁ ਭਰਮੁ ਚੁਕਾਇਆ ॥

The Perfect Guru has dispelled all doubts.

ਹਰਿ ਸਿਮਰਤ ਨਾਨਕ ਸੁਖੁ ਪਾਇਆ ॥੪॥੮॥੭੭॥

Remembering the Lord in meditation, Nanak has found peace. ||4||8||77||