

ਆਸਾ ਮਹਲਾ ੫ ॥

Aasaa, Fifth Mehl:

ਕੋਟਿ ਜਨਮ ਕੇ ਰਹੇ ਭਵਾਰੇ ॥

My wandering through millions of births has ended.

ਦੁਲਭ ਦੇਹ ਜੀਤੀ ਨਹੀ ਹਾਰੇ ॥੧॥

I have won, and not lost, this human body, so difficult to obtain. ||1||

ਕਿਲਬਿਖ ਬਿਨਾਸੇ ਦੁਖ ਦਰਦ ਦੂਰਿ ॥

My sins have been erased, and my sufferings and pains are gone.

ਭਏ ਪੁਨੀਤ ਸੰਤਨ ਕੀ ਧੂਰਿ ॥੧॥ ਰਹਾਉ ॥

I have been sanctified by the dust of the feet of the Saints. ||1||Pause||

ਪ੍ਰਭ ਕੇ ਸੰਤ ਉਧਾਰਨ ਜੋਗ ॥

The Saints of God have the ability to save us;

ਤਿਸੁ ਭੇਟੇ ਜਿਸੁ ਧੂਰਿ ਸੰਜੋਗ ॥੨॥

they meet with those of us who have such pre-ordained destiny. ||2||

ਮਨਿ ਆਨੰਦੁ ਮੰਤ੍ਰੁ ਗੁਰਿ ਦੀਆ ॥

My mind is filled with bliss, since the Guru gave me the Mantra of the Lord's Name.

ਤ੍ਰਿਸਨ ਬੁਝੀ ਮਨੁ ਨਿਹਚਲੁ ਥੀਆ ॥੩॥

My thirst has been quenched, and my mind has become steady and stable. ||3||

ਨਾਮੁ ਪਦਾਰਥੁ ਨਉ ਨਿਧਿ ਸਿਧਿ ॥

The wealth of the Naam, the Name of the Lord, is for me the nine treasures, and the spiritual powers of the Siddhas.

ਨਾਨਕ ਗੁਰ ਤੇ ਪਾਈ ਬੁਧਿ ॥੪॥੧੪॥੬੫॥

O Nanak, I have obtained understanding from the Guru. ||4||14||65||