

ਮਾਝ ਮਹਲਾ ੩ ॥

Maajh, Third Mehl:

ਮਾਇਆ ਮੋਹੁ ਜਗਤੁ ਸਬਾਇਆ ॥

The whole world is engrossed in emotional attachment to Maya.

ਤ੍ਰੈ ਗੁਣ ਦੀਸਹਿ ਮੋਹੇ ਮਾਇਆ ॥

Those who are controlled by the three qualities are attached to Maya.

ਗੁਰ ਪਰਸਾਦੀ ਕੇ ਵਿਰਲਾ ਬੁਝੈ ਚਉਥੈ ਪਦਿ ਲਿਵ ਲਾਵਣਿਆ ॥੧॥

By Guru's Grace, a few come to understand; they center their consciousness in the fourth state. ||1||

ਹਉ ਵਾਰੀ ਜੀਉ ਵਾਰੀ ਮਾਇਆ ਮੋਹੁ ਸਬਦਿ ਜਲਾਵਣਿਆ ॥

I am a sacrifice, my soul is a sacrifice, to those who burn away their emotional attachment to Maya, through the Shabad.

ਮਾਇਆ ਮੋਹੁ ਜਲਾਏ ਸੇ ਹਰਿ ਸਿਉ ਚਿਤੁ ਲਾਏ ਹਰਿ ਦਰਿ ਮਹਲੀ ਸੋਭਾ ਪਾਵਣਿਆ ॥੧॥ ਰਹਾਉ
॥

Those who burn away this attachment to Maya, and focus their consciousness on the Lord are honored in the True Court, and the Mansion of the Lord's Presence. ||1||Pause||

ਦੇਵੀ ਦੇਵਾ ਮੂਲੁ ਹੈ ਮਾਇਆ ॥

The source, the root, of the gods and goddesses is Maya.

ਸਿੰਮ੍ਰਿਤਿ ਸਾਸਤ ਜਿੰਨਿ ਉਪਾਇਆ ॥

For them, the Simritees and the Shaastras were composed.

ਕਾਮੁ ਕ੍ਰੋਧੁ ਪਸਰਿਆ ਸੰਸਾਰੇ ਆਇ ਜਾਇ ਦੁਖੁ ਪਾਵਣਿਆ ॥੨॥

Sexual desire and anger are diffused throughout the universe. Coming and going, people suffer in pain. ||2||

ਤਿਸੁ ਵਿਚਿ ਗਿਆਨ ਰਤਨੁ ਇਕੁ ਪਾਇਆ ॥

The jewel of spiritual wisdom was placed within the universe.

ਗੁਰ ਪਰਸਾਦੀ ਮੰਨਿ ਵਸਾਇਆ ॥

By Guru's Grace, it is enshrined within the mind.

ਜਤੁ ਸਤੁ ਸੰਜਮੁ ਸਚੁ ਕਮਾਵੈ ਗੁਰਿ ਪੂਰੈ ਨਾਮੁ ਧਿਆਵਣਿਆ ॥੩॥

Celibacy, chastity, self-discipline and the practice of truthfulness are obtained from the Perfect Guru, by meditating on the Naam, the Name of the Lord.

||3||

ਪੇਈਅੜੈ ਧਨ ਭਰਮਿ ਭੁਲਾਣੀ ॥

In this world of her parents' home, the soul-bride has been deluded by doubt.

ਦੁਜੈ ਲਾਗੀ ਫਿਰਿ ਪਛੋਤਾਣੀ ॥

Attached to duality, she later comes to regret it.

ਹਲਤੁ ਪਲਤੁ ਦੋਵੈ ਗਵਾਏ ਸੁਪਨੈ ਸੁਖੁ ਨ ਪਾਵਣਿਆ ॥੪॥

She forfeits both this world and the next, and even in her dreams, she does not find peace. ||4||

ਪੇਈਅੜੈ ਧਨ ਕੰਤੁ ਸਮਾਲੇ ॥

The soul-bride who remembers her Husband Lord in this world,

ਗੁਰ ਪਰਸਾਦੀ ਵੇਖੈ ਨਾਲੇ ॥

by Guru's Grace, sees Him close at hand.

ਪਿਰ ਕੈ ਸਹਜਿ ਰਹੈ ਰੰਗਿ ਰਾਤੀ ਸਬਦਿ ਸਿੰਗਾਰੁ ਬਣਾਵਣਿਆ ॥੫॥

She remains intuitively attuned to the Love of her Beloved; she makes the Word of His Shabad her decoration. ||5||

ਸਫਲੁ ਜਨਮੁ ਜਿਨਾ ਸਤਿਗੁਰੁ ਪਾਇਆ ॥

Blessed and fruitful is the coming of those who find the True Guru;

ਦੁਜਾ ਭਾਉ ਗੁਰ ਸਬਦਿ ਜਲਾਇਆ ॥

through the Word of the Guru's Shabad, they burn their love of duality.

ਏਕੋ ਰਵਿ ਰਹਿਆ ਘਟ ਅੰਤਰਿ ਮਿਲਿ ਸਤਸੰਗਤਿ ਹਰਿ ਗੁਣ ਗਾਵਣਿਆ ॥੬॥

The One Lord is permeating and pervading deep within the heart. Joining the Sat Sangat, the True Congregation, they sing the Glorious Praises of the Lord.

||6||

ਸਤਿਗੁਰੁ ਨ ਸੇਵੇ ਸੋ ਕਾਹੇ ਆਇਆ ॥

Those who do not serve the True Guru-why did they even come into this world?

ਪ੍ਰਿਗੁ ਜੀਵਣੁ ਬਿਰਥਾ ਜਨਮੁ ਗਵਾਇਆ ॥

Cursed are their lives; they have uselessly wasted this human life.

ਮਨਮੁਖਿ ਨਾਮੁ ਚਿਤਿ ਨ ਆਵੈ ਬਿਨੁ ਨਾਵੈ ਬਹੁ ਦੁਖੁ ਪਾਵਣਿਆ ॥੭॥

The self-willed manmukhs do not remember the Naam. Without the Naam, they suffer in terrible pain. ||7||

ਜਿਨਿ ਸਿਸਟਿ ਸਾਜੀ ਸੋਈ ਜਾਣੈ ॥

The One who created the Universe, He alone knows it.

ਆਪੇ ਮੇਲੈ ਸਬਦਿ ਪਛਾਣੈ ॥

He unites with Himself those who realize the Shabad.

ਨਾਨਕ ਨਾਮੁ ਮਿਲਿਆ ਤਿਨ ਜਨ ਕਉ ਜਿਨ ਧੁਰਿ ਮਸਤਕਿ ਲੇਖੁ ਲਿਖਾਵਣਿਆ

॥੮॥੧॥੩੨॥੩੩॥

O Nanak, they alone receive the Naam, upon whose foreheads such pre-ordained destiny is recorded. ||8||1||32||33||