

ਗਉੜੀ ਕਬੀਰ ਜੀ ॥

Gauree, Kabeer Jee:

ਮਨ ਕਾ ਸੁਭਾਉ ਮਨਹਿ ਬਿਆਪੀ ॥

The natural tendency of the mind is to chase the mind.

ਮਨਹਿ ਮਾਰਿ ਕਵਨ ਸਿਧਿ ਥਾਪੀ ॥੧॥

Who has established himself as a Siddha, a being of miraculous spiritual powers, by killing his mind? ||1||

ਕਵਨੁ ਸੁ ਮੁਨਿ ਜੋ ਮਨੁ ਮਾਰੈ ॥

Who is that silent sage, who has killed his mind?

ਮਨ ਕਉ ਮਾਰਿ ਕਹਹੁ ਕਿਸੁ ਤਾਰੈ ॥੧॥ ਰਹਾਉ ॥

By killing the mind, tell me, who is saved? ||1||Pause||

ਮਨ ਅੰਤਰਿ ਬੋਲੈ ਸਭੁ ਕੋਈ ॥

Everyone speaks through the mind.

ਮਨ ਮਾਰੇ ਬਿਨੁ ਭਗਤਿ ਨ ਹੋਈ ॥੨॥

Without killing the mind, devotional worship is not performed. ||2||

ਕਹੁ ਕਬੀਰ ਜੋ ਜਾਨੈ ਭੇਉ ॥

Says Kabeer, one who knows the secret of this mystery,

ਮਨੁ ਮਧੁਸੂਦਨੁ ਤ੍ਰਿਭਵਣ ਦੇਉ ॥੩॥੨੮॥

beholds within his own mind the Lord of the three worlds. ||3||28||