

ਸੂਹੀ ਮਹਲਾ ੧ ॥

Soohee, First Mehl:

ਜਿਨ ਕਉ ਭਾਂਡੈ ਭਾਉ ਤਿਨਾ ਸਵਾਰਸੀ ॥

Those whose minds are filled with love of the Lord, are blessed and exalted.

ਸੂਖੀ ਕਰੈ ਪਸਾਉ ਦੁਖ ਵਿਸਾਰਸੀ ॥

They are blessed with peace, and their pains are forgotten.

ਸਹਸਾ ਮੂਲੇ ਨਾਹਿ ਸਰਪਰ ਤਾਰਸੀ ॥੧॥

He will undoubtedly, certainly save them. ||1||

ਤਿਨਾ ਮਿਲਿਆ ਗੁਰੁ ਆਇ ਜਿਨ ਕਉ ਲੀਖਿਆ ॥

The Guru comes to meet those whose destiny is so pre-ordained.

ਅੰਮ੍ਰਿਤੁ ਹਰਿ ਕਾ ਨਾਉ ਦੇਵੈ ਦੀਖਿਆ ॥

He blesses them with the Teachings of the Ambrosial Name of the Lord.

ਚਾਲਹਿ ਸਤਿਗੁਰ ਭਾਇ ਭਵਹਿ ਨ ਭੀਖਿਆ ॥੨॥

Those who walk in the Will of the True Guru, never wander begging. ||2||

ਜਾ ਕਉ ਮਹਲੁ ਹਜੂਰਿ ਦੂਜੇ ਨਿਵੈ ਕਿਸੁ ॥

And one who lives in the Mansion of the Lord's Presence, why should he bow down to any other?

ਦਰਿ ਦਰਵਾਣੀ ਨਾਹਿ ਮੂਲੇ ਪੁਛ ਤਿਸੁ ॥

The gate-keeper at the Lord's Gate shall not stop him to ask any questions.

ਛੁਟੈ ਤਾ ਕੈ ਬੋਲਿ ਸਾਹਿਬ ਨਦਰਿ ਜਿਸੁ ॥੩॥

And one who is blessed with the Lord's Glance of Grace - by his words, others are emancipated as well. ||3||

ਘਲੇ ਆਣੇ ਆਪਿ ਜਿਸੁ ਨਾਹੀ ਦੂਜਾ ਮਤੈ ਕੋਇ ॥

The Lord Himself sends out, and recalls the mortal beings; no one else gives Him advice.

ਢਾਹਿ ਉਸਾਰੇ ਸਾਜਿ ਜਾਣੈ ਸਭ ਸੋਇ ॥

He Himself demolishes, constructs and creates; He knows everything.

ਨਾਉ ਨਾਨਕ ਬਖਸੀਸ ਨਦਰੀ ਕਰਮੁ ਹੋਇ ॥੪॥੩॥੫॥

O Nanak, the Naam, the Name of the Lord is the blessing, given to those who receive His Mercy, and His Grace. ||4||3||5||