

ਗਉੜੀ ਕਬੀਰ ਜੀ ਤਿਪਦੇ ਚਾਰਤੁਕੇ . ॥

Gauree, Kabeer Jee, Ti-Padas And Chau-Tukas:

ਜਮ ਤੇ ਉਲਟਿ ਭਏ ਹੈ ਰਾਮ ॥

I have turned away from death and turned to the Lord.

ਦੁਖ ਬਿਨਸੇ ਸੁਖ ਕੀਓ ਬਿਸਰਾਮ ॥

Pain has been eliminated, and I dwell in peace and comfort.

ਬੈਰੀ ਉਲਟਿ ਭਏ ਹੈ ਮੀਤਾ ॥

My enemies have been transformed into friends.

ਸਾਕਤ ਉਲਟਿ ਸੁਜਨ ਭਏ ਚੀਤਾ ॥੧॥

The faithless cynics have been transformed into good-hearted people. ||1||

ਅਬ ਮੋਹਿ ਸਰਬ ਕੁਸਲ ਕਰਿ ਮਾਨਿਆ ॥

Now, I feel that everything brings me peace.

ਸਾਂਤਿ ਭਈ ਜਬ ਗੋਬਿੰਦੁ ਜਾਨਿਆ ॥੧॥ ਰਹਾਉ ॥

Peace and tranquility have come, since I realized the Lord of the Universe.
||1||Pause||

ਤਨ ਮਹਿ ਹੋਤੀ ਕੋਟਿ ਉਪਾਧਿ ॥

My body was afflicted with millions of diseases.

ਉਲਟਿ ਭਈ ਸੁਖ ਸਹਜਿ ਸਮਾਧਿ ॥

They have been transformed into the peaceful, tranquil concentration of Samaadhi.

ਆਪੁ ਪਛਾਨੈ ਆਪੈ ਆਪ ॥

When someone understands his own self,

ਰੋਗੁ ਨ ਬਿਆਪੈ ਤੀਨੋ ਤਾਪ ॥੨॥

he no longer suffers from illness and the three fevers. ||2||

ਅਬ ਮਨੁ ਉਲਟਿ ਸਨਾਤਨੁ ਹੁਆ ॥

My mind has now been restored to its original purity.

ਤਬ ਜਾਨਿਆ ਜਬ ਜੀਵਤ ਮੁਆ ॥

When I became dead while yet alive, only then did I come to know the Lord.

ਕਹੁ ਕਬੀਰ ਸੁਖਿ ਸਹਜਿ ਸਮਾਵਉ ॥

Says Kabeer, I am now immersed in intuitive peace and poise.

ਆਪਿ ਨ ਡਰਉ ਨ ਅਵਰ ਡਰਾਵਉ ॥੩॥੧੭॥

I do not fear anyone, and I do not strike fear into anyone else. ||3||17||