

ਮਾਝ ਮਹਲਾ ੫ ॥

Maajh, Fifth Mehl:

ਸਿਮਰਤ ਨਾਮੁ ਰਿਦੈ ਸੁਖੁ ਪਾਇਆ ॥

Meditating on the Naam, the Name of the Lord, my heart is filled with peace.

ਕਰਿ ਕਿਰਪਾ ਭਗਤੀ ਪ੍ਰਗਟਾਇਆ ॥

By His Grace, His devotees become famous and acclaimed.

ਸੰਤਸੰਗਿ ਮਿਲਿ ਹਰਿ ਹਰਿ ਜਪਿਆ ਬਿਨਸੇ ਆਲਸ ਰੋਗਾ ਜੀਉ ॥੧॥

Joining the Society of the Saints, I chant the Name of the Lord, Har, Har; the disease of laziness has disappeared. ||1||

ਜਾ ਕੈ ਗ੍ਰਿਹਿ ਨਵ ਨਿਧਿ ਹਰਿ ਭਾਈ ॥

O Siblings of Destiny, the nine treasures are found in the Home of the Lord;

ਤਿਸੁ ਮਿਲਿਆ ਜਿਸੁ ਪੁਰਬ ਕਮਾਈ ॥

He comes to meet those who deserve it by their past actions.

ਗਿਆਨ ਧਿਆਨ ਪੂਰਨ ਪਰਮੇਸੁਰ ਪ੍ਰਭੁ ਸਭਨਾ ਗਲਾ ਜੋਗਾ ਜੀਉ ॥੨॥

The Perfect Transcendent Lord is spiritual wisdom and meditation. God is All-powerful to do all things. ||2||

ਖਿਨ ਮਹਿ ਥਾਪਿ ਉਥਾਪਨਹਾਰਾ ॥

In an instant, He establishes and disestablishes.

ਆਪਿ ਇਕੰਤੀ ਆਪਿ ਪਸਾਰਾ ॥

He Himself is the One, and He Himself is the Many.

ਲੇਪੁ ਨਹੀ ਜਗਜੀਵਨ ਦਾਤੇ ਦਰਸਨ ਡਿਠੇ ਲਹਨਿ ਵਿਜੋਗਾ ਜੀਉ ॥੩॥

Filth does not stick to the Giver, the Life of the World. Gazing upon the Blessed Vision of His Darshan, the pain of separation departs. ||3||

ਅੰਚਲਿ ਲਾਇ ਸਭ ਸਿਸਟਿ ਤਰਾਈ ॥

Holding on to the hem of His Robe, the entire Universe is saved.

ਆਪਣਾ ਨਾਉ ਆਪਿ ਜਪਾਈ ॥

He Himself causes His Name to be chanted.

ਗੁਰ ਬੋਹਿਥੁ ਪਾਇਆ ਕਿਰਪਾ ਤੇ ਨਾਨਕ ਧੁਰਿ ਸੰਜੋਗਾ ਜੀਉ ॥੪॥੪੧॥੪੮॥

The Boat of the Guru is found by His Grace; O Nanak, such blessed destiny is pre-ordained. ||4||41||48||