

ਮਃ ੫ ॥

Fifth Mehl:

ਜੀਵਨ ਪਦੁ ਨਿਰਬਾਣੁ ਇਕੋ ਸਿਮਰੀਐ ॥

To obtain the state of life of Nirvaanaa, meditate in remembrance on the One Lord.

ਦੂਜੀ ਨਾਹੀ ਜਾਇ ਕਿਨਿ ਬਿਧਿ ਧੀਰੀਐ ॥

There is no other place; how else can we be comforted?

ਡਿਠਾ ਸਭੁ ਸੰਸਾਰੁ ਸੁਖੁ ਨ ਨਾਮ ਬਿਨੁ ॥

I have seen the whole world - without the Lord's Name, there is no peace at all.

ਤਨੁ ਧਨੁ ਹੇਸੀ ਛਾਰੁ ਜਾਣੈ ਕੋਇ ਜਨੁ ॥

Body and wealth shall return to dust - hardly anyone realizes this.

ਰੰਗ ਰੂਪ ਰਸ ਬਾਦਿ ਕਿ ਕਰਹਿ ਪਰਾਣੀਆ ॥

Pleasure, beauty and delicious tastes are useless; what are you doing, O mortal?

ਜਿਸੁ ਭੁਲਾਏ ਆਪਿ ਤਿਸੁ ਕਲ ਨਹੀ ਜਾਣੀਆ ॥

One whom the Lord Himself misleads, does not understand His awesome power.

ਰੰਗਿ ਰਤੇ ਨਿਰਬਾਣੁ ਸਚਾ ਗਾਵਹੀ ॥

Those who are imbued with the Love of the Lord attain Nirvaanaa, singing the Praises of the True One.

ਨਾਨਕ ਸਰਣਿ ਦੁਆਰਿ ਜੇ ਤੁਧੁ ਭਾਵਹੀ ॥੨॥

Nanak: those who are pleasing to Your Will, O Lord, seek Sanctuary at Your Door. ||2||